

The ALABAMA BASKETBALL ACADEMY'S

# HIGH/MIDDLE SCHOOL FALL LEAGUE & SKILL DEVELOPMENT

DATES – AUGUST 11 – OCTOBER 11, 2014

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail Address \_\_\_\_\_ Phone \_\_\_\_\_

T-shirt size: (circle) YS YM YL AS AM AL AXL AXXL

### BOYS PRE-SEASON LEAGUE

#### Select Grade Division:

\_\_\_ HIGH SCHOOL  
(FR, JV, or Varsity)

\_\_\_ MIDDLE SCHOOL  
(6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> Grade)

**COST - \$100**  
(FOR LEAGUE ONLY)

### SKILL DEVELOPMENT TRAINING GROUPS (12 – 1 HR SESSIONS)

Select Group  
\_\_\_ BOYS HS/MS

\_\_\_ GIRLS HS/MS

**COST - \$200**  
(FOR TRAINING ONLY)

### PRE-SEASON LEAGUE & SKILL DEVELOPMENT TRAINING GROUPS

\_\_\_ BOYS HS/MS SCHOOL

**COST - \$270**  
(FOR LEAGUE AND TRAINING)

\*\*Mail form and payment (check to ABA) to: ABA – 2733 Deford Mill Rd – Huntsville, AL 35763\*\*

info: Coach Scott Stapler / 256-604-0101 cell / [scott@ababall.com](mailto:scott@ababall.com) / [www.alabamabasketballacademy.com](http://www.alabamabasketballacademy.com)

### PARENTAL WAIVER AND CONSENT FORM

The Alabama Basketball Academy (“ABA”) undertakes the responsibility to provide you with expert training and other related services (“the Program”). As the parent or legal guardian of the child named below, I hereby give my full consent and approval for my child to participate as a team member in the Program as designated by (“ABA”).

I understand that there are certain risks of injury inherent in the practice and play of this sport, as well as in traveling and other related activities incidental to my child's participation, and I am willing to assume these risks on behalf of my child. I hereby certify that my child is fully capable of participating in the designated sport and that my child is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in these activities, except as listed below.

In addition to giving my full consent for my child's participation, I do hereby waive, release and hold harmless the organization named above (“ABA”), its officers, coaches, sponsors, supervisors, and representatives for any injury that may be suffered by my child in the normal course of participation in the designated sport and the activities incidental thereto, whether the result of negligence or any other cause. I also agree to pay any and all fees associated with the ABA program.

\_\_\_\_\_  
(NAME OF PARTICIPANT)

\_\_\_\_\_  
(DOB)

\_\_\_\_\_  
(EMERGENCY PHONE #)

\_\_\_\_\_  
(ADDRESS)

\_\_\_\_\_  
(CITY/STATE)

\*Please list any physical limitation (allergies, hearing, sight, etc.)

\_\_\_\_\_  
(PARENT/GUARDIAN SIGNATURE)

\_\_\_\_\_  
(DATE)

The ALABAMA BASKETBALL ACADEMY'S

# FALL

## HS/MS LEAGUE & SKILL DEVELOPMENT

DATES – AUGUST 11 – OCTOBER 11, 2014

### HS/MS LEAGUE INFORMATION

#### >GAME SCHEDULE

- \*EACH TEAM will have a maximum of 8 players.
  - \*EACH TEAM will play 7 "regular season" games & the "playoffs" for all places.
  - \*YOU are guaranteed at least 1 playoff game – but can play as many as 3.
  - \*ALL games will have high school officials
  - \*GAMES will be 40 minutes
  - \*GAMES will be on TUESDAYS & possibly MON or SUN afternoon – at 5:30p, 6:20p, 7:10p, 8:00p
  - \*ALL games will be played at the Richard Showers Center, Holy Spirit School, or SE YMCA.
- >>STARTING DATE – We want to start the week of 8/17 and finish the week of 9/28!

#### >HIGH SCHOOL TEAMS

- \*EACH team may have a max of 3 players from the same high school (PER AHSAA Rules).
- \*PLAYERS will be placed on teams to make all 8 teams as competitive as possible.
- \*PLAYERS will sub based on a numbered rotation to ensure equal playing time.

#### >MIDDLE SCHOOL TEAMS

- \*TEAMS can compete as their FULL MIDDLE SCHOOL TEAM – BUT cannot be coached by the middle school coach – must be a parent or volunteer. PER AHSAA Rules – any player who will compete this season for 7<sup>th</sup>, 8<sup>th</sup>, or 9<sup>th</sup> grade teams does not fall under the AHSAA 50% participation rule.
- \*WE will also have mixed teams for those who are not with their school team.

#### >PLAYERS

- \*EACH player will receive T-shirt + LEAGUE Champions will receive a Champions T-shirt.

#### SKILL DEVELOPMENT TRAINING INFORMATION

We will have our FALL SKILL DEVELOPMENT TRAINING sessions during the week on Monday, Wednesday, and Thursday. This is our 6<sup>th</sup> year to do FALL/PRE-PRACTICE training geared towards getting players ready to go into HS/MS practice. The Training times will be 6:00, 7:00, & 8:00 p.m. at the Showers Center, Holy Spirit, and SE YMCA. We have worked with players from every HS in the Metro area in our FALL/PRE-PRACTICE training.

Each Training Session will be 60 minutes and will focus on skill development only! There will be no playing. We will focus on developing and sharpening up skills in ball-handling & dribble moves, shooting, passing & receiving, and footwork. These will be skills that apply to any team offensive concepts.

>>STARTING DATE – We want to start the week of 8/17 and finish the week of 10/3

#### PRICES

Pre-Season HS League – ONLY - \$100

Pre-Season Skill Development Training – ONLY - \$200 for 12 sessions (TEAM RATE OF \$180 for 4 or more from same team)

BOTH Pre-Season HS League and Skill Development Training - \$270 – (\$30 savings)

**INFORMATION – COACH SCOTT STAPLER – 256.604.0101 – [scott@ababall.com](mailto:scott@ababall.com)**