

The ALABAMA BASKETBALL ACADEMY'S
HIGH/MIDDLE SCHOOL PRE-SEASON
LEAGUE & SKILL DEVELOPMENT

DATES - AUGUST 8 - SEPTEMBER 29, 2016

Last Name _____ First Name _____ Age _____

Address _____ School _____ Grade _____

City _____ State _____ Zip _____

E-Mail Address _____ Phone _____

T-shirt/Jersey size: (circle) YS YM YL AS AM AL AXL AXXL

<p>PRE-SEASON LEAGUE <u>Select Grade Division:</u> <input type="checkbox"/> Boys OR <input type="checkbox"/> Girls <input type="checkbox"/> Varsity & JV Players <input type="checkbox"/> Middle School</p> <p style="text-align: center;">COST - \$100 (FOR LEAGUE ONLY)</p>

<p>SKILL DEVELOPMENT TRAINING GROUPS (12 - 1 HR SESSIONS) <u>Select Group</u> <input type="checkbox"/> GIRLS TRAINING <input type="checkbox"/> BOYS TRAINING</p> <p style="text-align: center;">COST - \$225 (FOR TRAINING ONLY)</p>
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<p>PRE-SEASON LEAGUE & SKILL DEVELOPMENT TRAINING GROUPS</p> <p><input type="checkbox"/> BOYS GROUP <input type="checkbox"/> GIRLS GROUP</p> <p style="text-align: center;">COST - \$275 (FOR LEAGUE AND TRAINING)</p>

****Mail form and payment (check to ABA) to: ABA - 2733 Deford Mill Rd - Huntsville, AL 35763****
Info: Coach Scott Stapler / 256-604-0101 cell / scott@ababall.com / www.alabamabasketballacademy.com
Coach Neil Ford / 931-982-9164 / neil@ababall.com

PARENTAL WAIVER AND CONSENT FORM

The Alabama Basketball Academy ("ABA") undertakes the responsibility to provide you with expert training and other related services ("the Program"). As the parent or legal guardian of the child named below, I hereby give my full consent and approval for my child to participate as a team member in the Program as designated by ("ABA").

I understand that there are certain risks of injury inherent in the practice and play of this sport, as well as in traveling and other related activities incidental to my child's participation, and I am willing to assume these risks on behalf of my child. I hereby certify that my child is fully capable of participating in the designated sport and that my child is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in these activities, except as listed below.

In addition to giving my full consent for my child's participation, I do hereby waive, release and hold harmless the organization named above ("ABA"), its officers, coaches, sponsors, supervisors, and representatives for any injury that may be suffered by my child in the normal course of participation in the designated sport and the activities incidental thereto, whether the result of negligence or any other cause.

(NAME OF PARTICIPANT)	(DOB)	(EMERGENCY PHONE #)
(ADDRESS)	(CITY/STATE)	

*Please list any physical limitation (allergies, hearing, sight, etc.)

(PARENT/GUARDIAN SIGNATURE)	(DATE)
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The ALABAMA BASKETBALL ACADEMY'S

PRE-SEASON

HS LEAGUE & SKILL DEVELOPMENT

2016

HS LEAGUE INFORMATION

>GAME SCHEDULE

Each TEAM will have 7-8 players.

Each TEAM will play 7 games .

6 REGULAR SEASON games – 1 per week for 6 weeks.

At least 1 PLAYOFF game – during the week of September 25th. Winners advance.

We will seed the teams based on regular season record.

ALL games will have AHSAA high school officials

GAMES will be 40 minutes – running clock.

ALL games will be on TUESDAY nights – except for the week of the playoffs

>>STARTING DATE – We will start on 8/16 and finish the week of 9/24.

>TEAMS

Each team may have a max of 3 players from the same high school

Players will be placed on teams to make all teams as competitive as possible

Players will sub based on a numbered rotation to ensure equal playing time

**** 8/7 & 8/14 will be Evaluation Days for team selection. Must come to 1 or both**

>PLAYERS

EACH player will receive a dri-fit T-shirt & play in ABA scrimmage vests

LEAGUE updates on Twitter, Instagram, and Facebook.

SKILL DEVELOPMENT TRAINING INFORMATION

We will have our Pre-season group training sessions during the week on Monday and Thursday. This is our 6th year to do Pre-Season training geared towards getting players ready to go into high school and middle school practice. The Training times will be 6:00, 7:00, & 8:00 p.m. 16 Opportunities to train.

Each Training Session will be 60 minutes and will focus on skill development only! We will focus on developing and sharpening up skills in ball-handling & dribble moves, shooting, passing & receiving, and footwork. These will be skills that apply to any team offensive concepts.

>>STARTING DATE – We will start the week of 8/7 and finish the week of 9/25

PRICES

Pre-Season HS League – ONLY - \$100

Pre-Season Skill Development Training – ONLY - \$225 for 12 sessions

BOTH Pre-Season HS League and Skill Development Training - \$275 – (\$50 savings)

INFORMATION – COACH SCOTT STAPLER – 256.604.0101 – scott@ababball.com

COACH NEIL FORD – 931-982-9164 – neil@ababball.com