## The ALABAMA BASKETBALL ACADEMY'S

## **FALL SKILL DEVELOPMENT TRAINING**

DATES - OCTOBER 22, 26, 29 & NOVEMBER 2, 3, 9, 16, 17, 23, 24 - 2015

Address School Grade  City State Zip  E-Mail Address Phone  T-shirt/Jersey size: (circle) YS YM YL AS AM AL AXL AXXL  PELACE: MOUNTAIN VIEW BAPTIST CHURCH — 1413 McCLUNG AVE — HUNTSVILLE, AL 35801  >FOR: BOYS & GIRLS - K — 8 <sup>TH</sup> GRADE  >PROGRAMS: (please check appropriate box)    SKILL DEVELOPMENT TRAINING (GRADES K-8) — 10 SESSIONS — COST - \$295    1 HR sessions. Fundamentals in dribbling, footwork, shooting technique, basketball concepts    SMALL GROUP SKILL DEVELOPMENT TRAINING (GRADES K-8) — 6 COST - \$49-545-55/SESSION (2-6 players)    1 HR sessions. Fundamental skills + 1/1, 2/2, 3/3 basketball concepts    1 on 1 — PERSONAL TRAINING — COST - \$595/L HR SESSION — Minimum of 3 to lock in time slot    Tailored to player's individual needs & ability    SUNDAY SHOOTING SESSION — COST - \$120 = (6) 1 HR SESSIONS [3:00-4:00p — \$5 YMCA back gym)    Shooting technique + game specific shooting drills - 200-300 shots    Vertimax EXPLOSIVE & GILITY TRAINING - 4 SESSIONS — COST - \$220 (2-6 players)    Vertimax + SKILLS SMALL GROUP TRAINING — 4 SESSIONS — COST - \$220 (2-6 players)    Vertimax + SKILLS SMALL GROUP TRAINING — 4 SESSIONS — COST - \$220 (2-6 players)    Vertimax training combined with ABA skill development training    PARENTAL WAIVER AND CONSENT FORM     The Alabama Basketball Academy ("ABA") undertakes the responsibility to provide you with expert training and other related services ("the PROGRAM"). As the parent or legal guardine of the child ("PARA") in andertakes the responsibility to provide you with a provide you will as in traveling and the related services ("the PROGRAM"). As the parent or legal guardine of the child ("PARA") in andertakes the responsibility to provide you with a provide you will as in traveling and the provide you will also you have a provide you will be provided you will be young you will be young	Last Name	Fir	Aş	ge			
T-shirt/Jersey size: (circle) YS YM YL AS AM AL AXL AXXL  PLACE: MOUNTAIN VIEW BAPTIST CHURCH – 1413 McCLUNG AVE – HUNTSVILLE, AL 35801  -POR: BOYS & GIRLS - K – 8 <sup>TH</sup> GRADE  -PROGRAMS: (please check appropriate box)    SKILL DEVELOPMENT TRAINING (GRADES K-8) – 10 SESSIONS – COST - \$295    I HR sessions. Fundamentals in dribbling, footwork, shooting technique, basketball concepts    SMALL GROUP SKILL DEVELOPMENT TRAINING (GRADES K-8) – 10 SESSIONS – COST - \$45-\$65/SESSION (2-6 players)    1 HR sessions. Fundamentals kills + 1/1, 2/2, 3/3 basketball concepts    1 HR sessions. Fundamental skills + 1/1, 2/2, 3/3 basketball concepts    1 on 1 - PERSONAL TRAINING – COST - \$95/1 HR SESSION – Minimum of 3 to lock in time slot Tailored to player's individual needs & ability    SUNDAY SHOOTING SESSION – COST - \$120 – [6] 1 HR SESSIONS (3:00-4:00p – SE YMCA back gym) Shooting technique + game specific shooting drills – 200-300 shots    VERTIMAX EXPLOSIVE AGILITY TRAINING – 4 SESSIONS – COST - \$120    Resistance training to increase jumping ability and explosive power    VERTIMAX + SKILLS SMALL GROUP TRAINING – 4 SESSIONS – COST - \$220    VERTIMAX + SKILLS SMALL GROUP TRAINING – 4 SESSIONS – COST - \$220    VERTIMAX + SKILLS SMALL GROUP TRAINING – 4 SESSIONS – COST - \$220    VERTIMAX + SKILLS SMALL GROUP TRAINING – 4 SESSIONS – COST - \$220    VERTIMAX + SKILLS SMALL GROUP TRAINING – HE provided to the provided subject of participate as a team member in the Program as designated by ("ABA").    I understand that there are certain rinks of injuny interest in the practice and play of this sport, as well as in traveling and other related activities incidental to my child's participation, and I am willing to assume these risks on behalf of my child; in the provided provided to the provided	Address		School			Grade	
T-shirt/Jersey size: (circle) YS YM YL AS AM AL AXL AXXL    PLACE: MOUNTAIN VIEW BAPTIST CHURCH - 1413 McCLUNG AVE - HUNTSVILLE, AL 35801   FOR: BOYS & GIRLS - K - 8 <sup>TH</sup> GRADE   PROGRAMS: (please check appropriate box)   SKILL DEVELOPMENT TRAINING (GRADES K-8) - 10 SESSIONS - COST - \$295   1 HR sessions. Fundamentals in dribbling, footwork, shooting technique, basketball concepts   MALL GROUP SKILL DEVELOPMENT TRAINING (GRADES K-8) - COST - \$495-\$65/SESSION (2-6 players)   1 HR sessions. Fundamentals sind sibbling, footwork, shooting technique, basketball concepts   1 HR sessions. Fundamentals siklls + 1/1, 2/2, 3/3 basketball concepts   1 In 1 - PERSONAL TRAINING - COST - \$95/1 HR SESSION - Minimum of 3 to lock in time slot Tailored to player's individual needs & ability   SUNDAY SHOOTING SESSION - COST - \$120 = (6) 1 HR SESSIONS   3:00-4:00p - SE YMCA back gym)   Shooting technique + game specific shooting drills - 200-300 shots   VERTIMAX EXPLOSIVE AGILITY TRAINING - 4 SESSIONS - COST - \$120   Resistance training to increase jumping ability and explosive power   VERTIMAX + SKILLS SMALL GROUP TRAINING - 4 SESSIONS - COST - \$220 (2-6 players)   VertiMax training combined with ABA skill development training  The Alabama Basketball academy ("ABA") undertakes the responsibility to provide you with expert training and other related services ("the PROGRAM"). As the parent or legal guardian of the child ("PARTICIPAN") named below, I hereby give my full consent and approval for my child to participate as a team member in the Programs as designated by ("ABA") as the parent or legal guardian of the child ("PARTICIPAN") named below, I hereby give my full consent and approval for my child its or infimities or infimities that would restore its full participation in these each of the programs, and of the produce of the programs, and of my child I hereby overlift that my child is healthy and has no physical or mental disabilities or infimities that would restored in the designated sport and that my child is healthy and has	City			State	Zip		
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SKILL DEVELOPMENT TRAINING (GRADES K-8) - 10 SESSIONS - COST - \$225	T-shirt/Jersey size: (circle) YS	S YM YL A	AS AM	AL AXL	AXXL		
SMALL GROUP SKILL DEVELOPMENT TRAINING (GRADES K-8) – COST. \$45-\$65/SESSION (2-6 players)    HR sessions. Fundamental skills + 1/1, 2/2, 3/3 basketball concepts   1 on 1 - PERSONAL TRAINING - COST. \$95/ 1 HR SESSION - Minimum of 3 to lock in time slot	>FOR: BOYS & GIRLS - K – 8 <sup>TH</sup> GRADE >PROGRAMS: (please check appropriate box)  □ SKILL DEVELOPMENT TRAINING (GRADES K-8) – 10 SESSIONS – COST - \$295						
Tailored to player's individual needs & ability  SUNDAY SHOOTING SESSION — COST - \$120 = (6) 1 HR SESSIONS (3:00-4:00p — SE YMCA back gym) Shooting technique + game specific shooting drills — 200-300 shots  VERTIMAX EXPLOSIVE AGILITY TRAINING — 4 SESSIONS — COST - \$120 Resistance training to increase jumping ability and explosive power  VERTIMAX + SKILLS SMALL GROUP TRAINING — 4 SESSIONS — COST - \$220 (2-6 players) VertiMax training combined with ABA skill development training  PARENTAL WAIVER AND CONSENT FORM  The Alabama Basketball Academy ("ABA") undertakes the responsibility to provide you with expert training and other related services ("the PROGRAM"). As the parent or legal guardian of the child ("PARTICIPANT") named below, I hereby give my full consent and approval for my child to participate as a team member in the Program as designated by ("ABA").  Lunderstand that there are certain risks of injury inherent in the practice and play of this sport, as well as in traveling and other related activities incidental to my child's participation, and I am willing to assume these risks on behalf of my child. I hereby certify that my child is fully capable of participating in the designated sport and that my child is fully capable of participating in the designated sport and that my child is fully capable of participating in the designated sport and that my child is fully capable of participating in the designated sport and that my child is fully capable of participating in the designated sport and that my child is fully capable of participating in the designated sport and that my child is fully capable of participating in the designated sport and that my child is fully capable of participating in the designated sport and that my child is fully capable of participating in the designated sport and that my child is fully capable of participating in the designated sport and that my child sparticipation, on the child is fully capable of participating in the designated sport and davertising purposes. I, ("Undersigned	☐ SMALL GROUP SKILL DEVELOPMENT TRAINING (GRADES K-8) — COST - \$45-\$65/SESSION (2-6 players)						
Shooting technique + game specific shooting drills - 200-300 shots    VERTIMAX EXPLOSIVE AGILITY TRAINING - 4 SESSIONS - COST - \$120     Resistance training to increase jumping ability and explosive power   VERTIMAX + SKILLS SMALL GROUP TRAINING - 4 SESSIONS - COST - \$220 (2-6 players)     VERTIMAX + SKILLS SMALL GROUP TRAINING - 4 SESSIONS - COST - \$220 (2-6 players)     VERTIMAX training combined with ABA skill development training     PARENTAL WAIVER AND CONSENT FORM     The Alabama Basketball Academy ("ABA") undertakes the responsibility to provide you with expert training and other related services ("the PROGRAM"). As the parent or legal guardian of the child ("PARTICIPANT") named below, I hereby give my full consent and approval for my child to participate as a team member in the Program as designated by ("ABA").   I understand that there are certain risks of injury inherent in the practice and play of this sport, as well as in traveling and other related activities incidental to my child's participation, and I am willing to assume these risks on behalf of my child. I hereby certify that my child is fully capable of participating in the designated sport and that my child is fully appable of participating in the designated sport and that my child is fully and has no physical or mental disabilities or infirmities that would restrict full participation in these activities, except as listed below.   Media/Photo waiver clause: I authorize and give full consent to ("ABA") or Released Parties to copyright and/or publish for public view any and all photographs, digital recordings, videotapes and/or film in which ("Participant") appears and may use them, no matter by who taken, in any manner for publicity, promotional, advertising, trade, or commercial purposes. I, ("Undersigned Parentifoundian") are that Released Parties my transfer, use, or cause to be used, said digital recordings, photographs, videotapes, or films for any exhibitions, public displays, publications, commercials, art and advertising purposes, te	•						
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	(NAME OF PA	RTICIPANT)		(DOB)	(EMERGENCY PHONE	<b>=</b> #)	
*Please list any physical limitation (allergies, hearing, sight, etc.)	(ADDRESS)	S) (CITY/STATE)					
	*Please list any physical limitation (allergies, hearing, sight, etc.)						

(DATE)

(PARENT/GUARDIAN SIGNATURE)